



Equipment List - OSL/CIT Program

Please review the items with your camper to ensure they are familiar with their packing list. This helps to minimize lost and found piles.

Let Mabel's Labels help your child keep track of their items with personalized labels.

Visit: http://mabelslabels.com/c/?type=camp&b=5639&cur_website=base

Camper Name:

- *Do NOT send or pack equipment in garbage bags.*
- *All articles are to be labelled with camper names.*

Bedding

	Sleeping bag	
	Campfire blanket	
	Pillow (if desired)	

Clothing - Please send *old* clothes to camp

	7 Pairs of shorts	
	3 Pairs of long pants	
	2 Warm sweatshirts and/or windbreaker	
	15 T-shirts	
	15 Pairs of socks	
	15 Underwear	
	1-2 Pajamas	
	1-2 Swimsuits	
	1 Raincoat or poncho	
	2 Sports hats or caps	
	Waterproof footwear	



	2 Pairs of running shoes	
	Water shoes	
	Good and Comfortable Hiking Boots (important gear for all Scout Field Programs)	
Toilet Articles		
	2 Beach towels, washcloth	
	Toothbrush in container, toothpaste, deodorant	
	Feminine hygiene products (pads & tampons)	
	Environmentally friendly soap & shampoo in containers (not campsoap) washcloth (Soap Works or Dr. Bonner's are good)	
	Comb or hairbrush	
Miscellaneous		
	2 - 1 litre water bottles or canteen	
	Plate, bowl, mug, knife, fork, spoon in a small mesh bag	
	Flashlight (with extra batteries)	
	Insect repellent - non-aerosol only	
	Sunscreen/Aloe and sunglasses	
	Waterproof groundsheet or sleeping pad	
	Dry sack and/or Compression sack	
	Overnight backpack (hiking pack with adjustable waist and shoulder straps): Should fit everything needed for an out trip (sleeping bag, change of clothes, some food, and camping gear)	

Note: SHEATH KNIVES ARE NOT PERMITTED AT CAMP. All youth in Scout programs may bring a pocketknife. The blade must be no longer than 7cm. (3 inches).



CIT: Placement Packing List

The following are some items you may require in your placement week. Pack according to where you may want to be placed, and if you do get placed somewhere else, camp will ensure that you have the proper equipment. In addition, everyone should **bring a battery powered watch/alarm clock as well as lots of theme day costume items.**

Beaver/Cub Field

	Day pack	
	Water shoes with grip (shoes you can get wet at the beach)	

Brownsea

	Hiking pack with adjustable waist and shoulder straps	
	Water shoes with grip (shoes you can get wet at the beach)	

Troop Outdoor Skills/Survival

	Hiking pack with adjustable waist and shoulder straps	
	Good and comfortable hiking shoes & good socks	
	Extra water bottles (3 or more)	
	Water shoes with grip (shoes you can get wet at the beach)	
	Compression sacs (recommended)	
	Lightweight clothing (recommended)	
	Waterproof dry sacs (recommended)	

Vertical Skills

	Bag for 'out trip'	
	Closed toe shoes	



Waterfront

(This placement requires Bronze Med, Cross or signed up for NLS certifications before camp)

	Flippers, mask goggles	
	Extra towels and swimsuits (3 or more)	
	Chair (recommended for boat docks)	
	Hat	
	Lots of sunscreen/ aloe vera	

Kitchen

	Extra clothing that you don't mind getting dirty (lots!)	
	Closed toe, comfortable shoes	